

Personal, Social, Health and Economic Education & Relationships Education Update

At Westlea we use a comprehensive PSHE programme called 'One Decision' to support the teaching of this subject from Early Years to Year 6. With the Department for Education releasing new statutory guidance for all primary schools to implement in the academic year 2020-2021, the One Decision programme has been updated. We thought we would share the new One Decision units of work with you.

One Decision supports us in the teaching of PSHE, and the new expectations for Relationships Education, in a sensitive and age-appropriate way.



<p>Early Years 3-5 years</p> 	<p>Through stories and fun activities the children are introduced to our colourful Rainbow Drop characters. Throughout these sessions the Rainbow Drops will go on many adventures and learn a lot about the wider world that they live in.</p> <p>In October 2020, the One Decision Early Years programme received a Teach Early Years Award in the "Healthy and Happy" category.</p>	
<p>5-8 years old</p>	Keeping/Staying Safe	Road safety. Leaning out of windows. Staying safe. Tying shoelaces.
	Keeping/Staying Healthy	Healthy eating. Brushing teeth. Washing hands. Medicine.
	Relationships	Bullying. Body language. Friendship. Touch.
	Being Responsible	Practice makes perfect. Helping someone in need. Stealing. Water spillage.
	Feelings and Emotions	Jealousy. Worry. Anger. Grief.
	Computer Safety	Online bullying. Image sharing. Making friends online. Computer safety
	Our World	Growing in our world. Living in our world. Working in our world. Looking after our world.
	Hazard Watch	Is it safe to eat or drink? Is it safe to play with?
<p>8-11 years old</p>	Keeping/Staying Safe	Cycle safety. Peer pressure. Water safety. Child and adult views.
	Keeping/Staying Healthy	Healthy living. Smoking. Alcohol. Child and adult views.
	Growing and Changing	Appropriate touch. Puberty. Conception. Child and adult views.
	Being Responsible	Coming home on time. Looking out for others. Stealing. Child and adult views.
	Feelings and Emotions	Jealousy. Worry. Anger. Child and adult views.
	Computer Safety	Online bullying. Image sharing. Making friends online. Child and adult views.
	The Working World	Chores at home. Enterprise. In-App purchases. Child and adult views.
	A World Without Judgement	Breaking down barriers. Inclusion and acceptance. British values. Child and adult views.

All of the materials we use in school are age-appropriate. Our updated PSHE policy is available for further information on the teaching of PSHE at Westlea Primary School. <http://www.westleaprimarieschool.com/wp-content/uploads/sites/209/2020/11/RSE-policy-2020.pdf>



More information on the One Decision programme can be found here:

<https://www.1decision.co.uk/about/our-modules>



More details about what primary schools must teach for Relationships, Sex and Health Education can be found here: <https://www.gov.uk/government/publications/relationships-sex-and-health-education-guides-for-schools>