

Personal, Social and Health Education (PSHE)

At Westlea Primary School, the children and their learning are at the very heart of every decision made. This policy reflects our mix of pupils, their experience and needs. The school will help the students to develop tolerance, empathy and an understanding of others. It will also help the students to develop an inner discipline and will encourage the pupils to not just 'follow the crowd' – to be proud of their individuality, strengths and achievements. The students will become confident decision makers – they will make up their own minds and be ready to accept responsibility for what they do. They will grow through making choices and to holding to the choices that they have made. They will want to be honest with themselves and others.

The PSED, RSE and SMSC education of pupils at Westlea Primary School is cross-curricular and interwoven into all that we do as a school. Discreet lessons on aspects of PSED, RSE and SMSC are taught as necessary.



Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	PSCHE					
1	Keeping/Staying Healthy - Washing Hands	Relationships - Friendship	Being Responsible - Water Spillage	Keeping/Staying Safe - Road Safety	Computer Safety - Online Bullying/Image	Sharing Feelings and Emotions - Jealousy
1/2	Feelings & emotions: worry	Staying healthy: healthy eating Relationships: bullying Money matters: recognising coins	Computer safety: online bullying and internet safety	Hazard safety: fire watch	Staying safe: tying shoelaces	Being responsible: practice makes perfect
2	Staying safe Tying shoe laces	Keeping/staying safe Healthy eating-Brushing teeth	Relationships: Bullying Friendship	Feelings and emotions: Jealousy Worry	Computer safety: Online Bullying Image Sharing	Money matters
3	Keeping/staying safe	Keeping/staying healthy	Relationships Being responsible	Computer safety	Feelings and emotions	Money matters
4	Jealousy Coming home on time	Healthy eating Online bullying	Cycle safety	Appropriate touch	Chores at home	Breaking down barriers
5	Feelings and emotions: Worry Image sharing	Peer pressure	Smoking	Looking out for others	Enterprise	Puberty Same sex marriage
6	Keeping/Staying Safe	Computer Safety	Being responsible	Feelings and emotions	A world without judgement	The working world, growing and changing