

# Some ideas for children who are learning at home

# Contents

Introduction	1
--------------	---

## Section 1:

Free learning activities you can access online at any time.	2
---	---

Early Years and Foundation Stage, age 3 – 5	3
---	---

Primary (Years 1 – 6, aged 5 – 11)	4
------------------------------------	---

Secondary (years 7 and above, aged 11 and above)	6
--	---

## Section 2:

A timetable of activities online at the same time each week	7
---	---

Monday to Friday timetable of activities	8
--	---

# Introduction

## Staying safe online

There is a lot of support available to keep your child safe online. Below are some useful links to help you:

- [Thinkyouknow](#) (advice from the National Crime Agency to stay safe online)
- [Internet matters](#) (support for parents and carers to keep their children safe online)
- [Parent info](#) (support for parents and carers to keep their children safe online)
- [LGfL](#) (support for parents and carers to keep their children safe online)
- [Net-aware](#) (support for parents and carers from the NSPCC).

This document is in two parts:

<b>Section 1:</b>	Free learning activities you can access online at any time.
<b>Section 2:</b>	A timetable of activities that are live online at the same time each week.

This is a tricky time for all of us and as a parent you will want to balance the time your child has to access learning with play and family time activities.

You may also have lots of information from your child's school to look at. The resources we suggest here are not supposed to replace that.

Use as few or as many of the ideas here as you need or want to.

We hope that you find the information helpful.

*Please note Durham County Council does not endorse or recommend any of the following products/websites over others. This list is intended as a useful starting point only for parents while schools are currently closed.*

# 1

## Free learning activities you can access at any time

### Introduction

Here is a list of links to websites.

Some may be useful while your children are at home.

This list has been divided into age ranges. The age ranges have been colour-coded. This can help you find the most appropriate websites for your child.

We hope you find these useful and enjoyable.

### Key to colours

**Early Years and Foundation Stage**  
(Nursery and Reception classes, aged 3 – 5)

**Primary**  
(Years 1 – 6, aged 5 – 11)

**Secondary**  
(years 7 and above, aged 11 and above)

## Early Years and Foundation Stage, age 3 - 5

Subject	Link	Content
English	<a href="https://www.oxfordowl.co.uk/">https://www.oxfordowl.co.uk/</a>	Advice and support for parents Educational activities and games Free eBook library for 3-11 year olds.
Phonics	<a href="https://www.phonicsplay.co.uk/">https://www.phonicsplay.co.uk/</a>	Interactive games Reception class please look at Phase 2, Phase 3 and Phase 4.
Maths	<a href="https://nrich.maths.org/13371">https://nrich.maths.org/13371</a>	Descriptions of activities for parents to follow.
Science (Also crafts, recipes, magic, games, jokes, trivia)	<a href="https://www.funology.com/funology-science-experiments/">https://www.funology.com/funology-science-experiments/</a>	Ideas for fun science investigations.
All areas	<a href="https://www.twinkl.co.uk/resources/parents">https://www.twinkl.co.uk/resources/parents</a>	Learning packs for parents to print out.
All areas	<a href="http://www.topmarks.co.uk">www.topmarks.co.uk</a>	Interactive online games and activities.
Things to do indoors	<a href="https://www.bbc.co.uk/cbeebies/grownups/things-to-do-indoors-with-your-children">https://www.bbc.co.uk/cbeebies/grownups/things-to-do-indoors-with-your-children</a>	Descriptions and videos of activities to do indoors.
Simple, fun activities	<a href="https://hungrylittleminds.campaign.gov.uk/">https://hungrylittleminds.campaign.gov.uk/</a>	Ideas and videos for parents.
Wildlife activities	<a href="https://www.wildlifetrusts.org/looking-after-yourself-and-nature#activities">https://www.wildlifetrusts.org/looking-after-yourself-and-nature#activities</a>	Descriptions and diagrams of things to make and do.

## Primary (Years 1 – 6, aged 5 – 11)

Subject	Link	Content
English	<a href="https://www.oxfordowl.co.uk/">https://www.oxfordowl.co.uk/</a>	Advice and support for parents Educational activities and games Free eBook library for 3-11 year olds.
Maths	<a href="https://nrich.maths.org/9084">https://nrich.maths.org/9084</a>	Descriptions of activities for parents to follow.
English and Maths	<a href="http://www.ictgames.com/">http://www.ictgames.com/</a>	Interactive games.
Phonics	<a href="https://www.phonicsplay.co.uk/">https://www.phonicsplay.co.uk/</a>	Interactive games Year One and Two can look through phases 2, 3, 4 and 5.
English - reading	<a href="https://www.teachyourmonstertoread.com/">https://www.teachyourmonstertoread.com/</a>	Interactive game.
Key Stage 1 (Ages 5 – 7) Science (Also crafts, recipes, magic, games, jokes, trivia)	<a href="https://www.funology.com/funology-science-experiments/">https://www.funology.com/funology-science-experiments/</a>	Ideas for fun science investigations and practical indoor activities.

Key Stage 1 (Ages 5 – 7) Physical Exercise (Maths/English/Modern foreign languages/Personal and Social Health Education)	<a href="https://www.bbc.co.uk/teach/super movers/ks1-collection/zbr4scw">https://www.bbc.co.uk/teach/super movers/ks1-collection/zbr4scw</a>	Videos to get you moving and learning!
Key Stage 2 (Ages 7 – 11) Physical Exercise (Maths/English/Modern foreign languages/Personal and Social Health Education/Science)	<a href="https://www.bbc.co.uk/teach/super movers/ks2-collection/zr4ky9q">https://www.bbc.co.uk/teach/super movers/ks2-collection/zr4ky9q</a>	Videos to get you moving and learning!
All areas of Key Stage 1 (Ages 5-7)	<a href="https://www.bbc.co.uk/bitesize/levels/z3g4d2p">https://www.bbc.co.uk/bitesize/levels/z3g4d2p</a>	Video clips and interactive games.
All areas of Key Stage 2 (Ages 7-11)	<a href="https://www.bbc.co.uk/bitesize/levels/zbr9wmn">https://www.bbc.co.uk/bitesize/levels/zbr9wmn</a>	Video clips and interactive games.
All areas	<a href="https://www.twinkl.co.uk/resources/parents">https://www.twinkl.co.uk/resources/parents</a>	Learning packs for parents to print out.
All areas	<a href="http://www.topmarks.co.uk">www.topmarks.co.uk</a>	Interactive online games and activities.
Things to do indoors	<a href="https://www.bbc.co.uk/cbeebies/grownups/things-to-do-indoors-with-your-children">https://www.bbc.co.uk/cbeebies/grownups/things-to-do-indoors-with-your-children</a>	Descriptions and videos of activities to do indoors.
Wildlife activities	<a href="https://www.wildlifetrusts.org/looking-after-yourself-and-nature#activities">https://www.wildlifetrusts.org/looking-after-yourself-and-nature#activities</a>	Descriptions and diagrams of things to make and do.

## Secondary (years 7 and above, aged 11 and above)

Subject	Link	Content
Maths	<a href="https://nrich.maths.org/secondary">https://nrich.maths.org/secondary</a>	Students to follow the 'Activities and Games' section to explore maths by topic, problems, games or go wild.
Science	<a href="http://www.sciencejournalforkids.org">www.sciencejournalforkids.org</a>	Online journals written for secondary school students.
English	<a href="https://www.teachitenglish.co.uk/coronavirus">https://www.teachitenglish.co.uk/coronavirus</a>	Teaching packs. English Resources. Student facing workbooks.
All areas of Key stage 3 (Ages 11-14)	<a href="https://www.bbc.co.uk/bitesize/levels/z4kw2hv">https://www.bbc.co.uk/bitesize/levels/z4kw2hv</a>	Video clips and interactive games.
All GCSE subject areas	<a href="https://www.bbc.co.uk/bitesize/levels/z98jmp3">https://www.bbc.co.uk/bitesize/levels/z98jmp3</a>	Video clips and interactive games.
Post 16 (Ages 16 – 18)	<a href="https://www.bbc.co.uk/bitesize/levels/zvhtng8">https://www.bbc.co.uk/bitesize/levels/zvhtng8</a>	Video clips and general information.
All areas	<a href="https://www.twinkl.co.uk/resources/parents">https://www.twinkl.co.uk/resources/parents</a>	Learning packs for parents to print out.
All areas	<a href="http://www.topmarks.co.uk">www.topmarks.co.uk</a>	Interactive online games and activities.






# 2




















## A timetable of activities online at the same time each week

This table shows what is available online each day for children via online (Smart TV or Internet). The activities have been colour-coded to show which age groups they are aimed at. The document will be added to as more sessions are discovered or made available.

### Key to colours



















	<b>Early Years and Foundation Stage</b> (Nursery and Reception classes, aged 3 – 5)
	<b>Primary</b> (Years 1 – 6, aged 5 – 11)
	<b>Secondary</b> (years 7 and above, aged 11 and above)

# Monday

Time	  	Activity	Link
9am	  	Physical Exercise Routine with Joe Wicks	<a href="https://www.youtube.com/user/thebodycoach1/videos">https://www.youtube.com/user/thebodycoach1/videos</a>
9.30am		Read Write Inc phonics session Set 1	<a href="https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI">https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI</a>
10am		Code Playground Live: Fun, free coding sessions from Barclays and Digital Eagles	<a href="https://twitter.com/Digitaleagles">https://twitter.com/Digitaleagles</a>
	 	Live music session each morning for primary school age children.	<a href="https://www.facebook.com/events/3088752244470397/">https://www.facebook.com/events/3088752244470397/</a>
	 	Educational Videos with Konnie Huq	<a href="https://www.youtube.com/channel/UCDISobQTc4IifJEu6Lt22eA">https://www.youtube.com/channel/UCDISobQTc4IifJEu6Lt22eA</a>
	 	Live Music lessons from Mylene Klass	<a href="https://www.youtube.com/channel/UCQh2wgJ5tOrixYBn6jFXsXQ">https://www.youtube.com/channel/UCQh2wgJ5tOrixYBn6jFXsXQ</a>
		Read Write Inc phonics session Set 2	<a href="https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI">https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI</a>
10.30am		Read Write Inc phonics session Set 3	<a href="https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI">https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI</a>
11am	 	Educational adventures with Maddie Moate	<a href="https://www.youtube.com/user/maddiemoate">https://www.youtube.com/user/maddiemoate</a>
		David Walliams reads an audiobook story	<a href="https://www.worldofdavidwalliams.com/elevenses/">https://www.worldofdavidwalliams.com/elevenses/</a>

Time	Activity	Link
11.30am	Dance lessons with Oti Mabuse	<a href="https://www.youtube.com/user/mosetsanagape/videos">https://www.youtube.com/user/mosetsanagape/videos</a>
12pm	Short science experiment to try at home, from TechniQuest	<a href="https://www.facebook.com/watch/TQcardiff/916230508833955/">https://www.facebook.com/watch/TQcardiff/916230508833955/</a>
12.30pm	Read Write Inc phonics session Set 1	<a href="https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISl">https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISl</a>
1pm	Read Write Inc phonics session Set 2	<a href="https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISl">https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISl</a>
1.30pm	Read Write Inc phonics session Set 3	<a href="https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISl">https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISl</a>
2pm		
3pm		
4pm	Kids Cooking Lessons	<a href="https://www.theocooks.com/kids-cookalong-live/">https://www.theocooks.com/kids-cookalong-live/</a>
	History lessons with Dan Snow	<a href="https://www.youtube.com/channel/UC88lvyJe7aHZmcvzvubDFRg/videos">https://www.youtube.com/channel/UC88lvyJe7aHZmcvzvubDFRg/videos</a>
5pm		
6pm	Daily Doodles with Mo Williams (US broadcast)	<a href="https://www.kennedy-center.org/mowillems">https://www.kennedy-center.org/mowillems</a>











# Tuesday

Time	  	Activity	Link
9am	  	Physical Exercise Routine with Joe Wicks	<a href="https://www.youtube.com/user/thebodycoach1/videos">https://www.youtube.com/user/thebodycoach1/videos</a>
9.30am		Read Write Inc phonics session Set 1	<a href="https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISl">https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISl</a>
10am		Singing sessions for little ones	<a href="https://www.facebook.com/born2singuk">https://www.facebook.com/born2singuk</a>
		Live music session each morning for primary school age children	<a href="https://www.facebook.com/events/3088752244470397/">https://www.facebook.com/events/3088752244470397/</a>
		Read Write Inc phonics session Set 2	<a href="https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISl">https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISl</a>
10.30am	 	Educational Videos with Konnie Huq	<a href="https://www.youtube.com/channel/UCDISobQTc4lifJEu6Lt22eA">https://www.youtube.com/channel/UCDISobQTc4lifJEu6Lt22eA</a>
		Read Write Inc phonics session Set 3	<a href="https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISl">https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISl</a>
11am	 	Educational adventures with Maddie Moate	<a href="https://www.youtube.com/user/maddiemoate">https://www.youtube.com/user/maddiemoate</a>
		David Walliams reads an audiobook story	<a href="https://www.worldofdavidwalliams.com/elevenses/">https://www.worldofdavidwalliams.com/elevenses/</a>
11.30am	 	Dance lessons with Oti Mabuse	<a href="https://www.youtube.com/user/mosetsanagape/videos">https://www.youtube.com/user/mosetsanagape/videos</a>

Time	EYF5	Learning Objectives	Activity	Link
12pm			Short science experiment to try at home, from TechniQuest	<a href="https://www.facebook.com/watch/TQcardiff/916230508833955/">https://www.facebook.com/watch/TQcardiff/916230508833955/</a>
12.30pm			Read Write Inc phonics session Set 1	<a href="https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI">https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI</a>
1pm			Read Write Inc phonics session Set 2	<a href="https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI">https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI</a>
1.30pm			Read Write Inc phonics session Set 3	<a href="https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI">https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI</a>
2pm			Sensory Craft activities from 'Sensory Spectacle'	<a href="https://www.facebook.com/sensoryspectacle/">https://www.facebook.com/sensoryspectacle/</a>
			Fun Music sessions for people of all ages with PMLD or SLD	<a href="https://www.facebook.com/SoundaboutUK/">https://www.facebook.com/SoundaboutUK/</a>
3pm				
4pm				
5pm				
6pm			Daily Doodles with Mo Williams (US broadcast)	<a href="https://www.kennedy-center.org/mowillems">https://www.kennedy-center.org/mowillems</a>

# Wednesday

Time	<div style="display: flex; justify-content: space-around; font-size: 8px;"> <span>EYFSP</span> <span>Primary</span> <span>Secondary</span> </div>	Activity	Link
9am	<div style="display: flex; justify-content: space-around;"> <div style="width: 10px; height: 100%; background-color: purple;"></div> <div style="width: 10px; height: 100%; background-color: darkblue;"></div> <div style="width: 10px; height: 100%; background-color: darkgreen;"></div> </div>	Physical Exercise Routine with Joe Wicks	<a href="https://www.youtube.com/user/thebodycoach1/videos">https://www.youtube.com/user/thebodycoach1/videos</a>
9.30am	<div style="display: flex; justify-content: space-around;"> <div style="width: 10px; height: 100%; background-color: purple;"></div> </div>	Read Write Inc phonics session Set 1	<a href="https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI">https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI</a>
10am	<div style="display: flex; justify-content: space-around;"> <div style="width: 10px; height: 100%; background-color: purple;"></div> </div>	Code Playground Live: Fun, free coding sessions from Barclays and Digital Eagles	<a href="https://twitter.com/Digitaleagles">https://twitter.com/Digitaleagles</a>
	<div style="display: flex; justify-content: space-around;"> <div style="width: 10px; height: 100%; background-color: darkblue;"></div> <div style="width: 10px; height: 100%; background-color: darkgreen;"></div> </div>	Educational Videos with Konnie Huq	<a href="https://www.youtube.com/channel/UCDISobQTc4lifJEu6Lt22eA">https://www.youtube.com/channel/UCDISobQTc4lifJEu6Lt22eA</a>
	<div style="display: flex; justify-content: space-around;"> <div style="width: 10px; height: 100%; background-color: darkblue;"></div> </div>	Live music session each morning for primary school age children	<a href="https://www.facebook.com/events/3088752244470397/">https://www.facebook.com/events/3088752244470397/</a>
10.30am	<div style="display: flex; justify-content: space-around;"> <div style="width: 10px; height: 100%; background-color: purple;"></div> </div>	Read Write Inc phonics session Set 2	<a href="https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI">https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI</a>
	<div style="display: flex; justify-content: space-around;"> <div style="width: 10px; height: 100%; background-color: purple;"></div> </div>	Read Write Inc phonics session Set 3	<a href="https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI">https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI</a>
11am	<div style="display: flex; justify-content: space-around;"> <div style="width: 10px; height: 100%; background-color: darkblue;"></div> <div style="width: 10px; height: 100%; background-color: darkgreen;"></div> </div>	Educational adventures with Maddie Moate	<a href="https://www.youtube.com/user/maddiemoate">https://www.youtube.com/user/maddiemoate</a>
	<div style="display: flex; justify-content: space-around;"> <div style="width: 10px; height: 100%; background-color: darkblue;"></div> </div>	David Walliams reads an audiobook story	<a href="https://www.worldofdavidwalliams.com/elevenses/">https://www.worldofdavidwalliams.com/elevenses/</a>
11.30am	<div style="display: flex; justify-content: space-around;"> <div style="width: 10px; height: 100%; background-color: darkblue;"></div> <div style="width: 10px; height: 100%; background-color: darkgreen;"></div> </div>	Dance lessons with Oti Mabuse	<a href="https://www.youtube.com/user/mosetsanagape/videos">https://www.youtube.com/user/mosetsanagape/videos</a>

Time	  	Activity	Link
12pm		Short science experiment to try at home, from TechniQuest	<a href="https://www.facebook.com/watch/TQcardiff/916230508833955/">https://www.facebook.com/watch/TQcardiff/916230508833955/</a>
12.30pm		Read Write Inc phonics session Set 1	<a href="https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI">https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI</a>
1pm		Read Write Inc phonics session Set 2	<a href="https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI">https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI</a>
1.30pm		Read Write Inc phonics session Set 3	<a href="https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI">https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI</a>
2pm			
3pm			
4pm		Kids Cooking Lessons	<a href="https://www.theocooks.com/kids-cookalong-live/">https://www.theocooks.com/kids-cookalong-live/</a>
		History lessons with Dan Snow	<a href="https://www.youtube.com/channel/UC88lvyJe7aHZmcvzvubDFRg/videos">https://www.youtube.com/channel/UC88lvyJe7aHZmcvzvubDFRg/videos</a>
5pm			
6pm		Daily Doodles with Mo Williams (US broadcast)	<a href="https://www.kennedy-center.org/mowillems">https://www.kennedy-center.org/mowillems</a>


















# Thursday

Time	SPS	Primary	Secondary	Activity	Link
9am				Physical Exercise Routine with Joe Wicks	<a href="https://www.youtube.com/user/thebodycoach1/videos">https://www.youtube.com/user/thebodycoach1/videos</a>
9.30am				Read Write Inc phonics session Set 1	<a href="https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI">https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI</a>
10am				Live music session each morning for primary school age children	<a href="https://www.facebook.com/events/3088752244470397/">https://www.facebook.com/events/3088752244470397/</a>
				Educational Videos with Konnie Huq	<a href="https://www.youtube.com/channel/UCDISobQTc4lifJEu6Lt22eA">https://www.youtube.com/channel/UCDISobQTc4lifJEu6Lt22eA</a>
				Read Write Inc phonics session Set 2	<a href="https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI">https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI</a>
10.30am				Read Write Inc phonics session Set 3	<a href="https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI">https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI</a>
11am				Educational adventures with Maddie Moate	<a href="https://www.youtube.com/user/maddiemoate">https://www.youtube.com/user/maddiemoate</a>
				David Walliams reads an audiobook story	<a href="https://www.worldofdavidwalliams.com/elevenses/">https://www.worldofdavidwalliams.com/elevenses/</a>
11.30am				Dance lessons with Oti Mabuse	<a href="https://www.youtube.com/user/mosetsanagape/videos">https://www.youtube.com/user/mosetsanagape/videos</a>



Time	Activity	Link
12pm	Short science experiment to try at home, from TechniQuest	<a href="https://www.facebook.com/watch/TQcardiff/916230508833955/">https://www.facebook.com/watch/TQcardiff/916230508833955/</a>
12.30pm	Read Write Inc phonics session Set 1	<a href="https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI">https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI</a>
1pm	Read Write Inc phonics session Set 2	<a href="https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI">https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI</a>
1.30pm	Read Write Inc phonics session Set 3	<a href="https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI">https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI</a>
2pm	Sensory Craft activities from 'Sensory Spectacle'	<a href="https://www.facebook.com/sensoryspectacle/">https://www.facebook.com/sensoryspectacle/</a>
3pm		
4pm		
5pm		
6pm	Daily Doodles with Mo Williams (US broadcast)	<a href="https://www.kennedy-center.org/mowillems">https://www.kennedy-center.org/mowillems</a>

# Friday

Time	  	Activity	Link
9am	  	Physical Exercise Routine with Joe Wicks	<a href="https://www.youtube.com/user/thebodycoach1/videos">https://www.youtube.com/user/thebodycoach1/videos</a>
9.30am		Read Write Inc phonics session Set 1	<a href="https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISl">https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISl</a>
10am		Live music session each morning for primary school age children	<a href="https://www.facebook.com/events/3088752244470397/">https://www.facebook.com/events/3088752244470397/</a>
	 	Educational Videos with Konnie Huq	<a href="https://www.youtube.com/channel/UCDISobQTc4lifJEu6Lt22eA">https://www.youtube.com/channel/UCDISobQTc4lifJEu6Lt22eA</a>
	 	Live music lesson with Myleene Klass	<a href="https://www.youtube.com/channel/UCQh2wqJ5tOrixYBn6jFXsXQ">https://www.youtube.com/channel/UCQh2wqJ5tOrixYBn6jFXsXQ</a>
10.30am		Read Write Inc phonics session Set 2	<a href="https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISl">https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISl</a>
		Read Write Inc phonics session Set 3	<a href="https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISl">https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISl</a>
11am	 	Educational adventures with Maddie Moate	<a href="https://www.youtube.com/user/maddiemoate">https://www.youtube.com/user/maddiemoate</a>
		David Walliams reads an audiobook story	<a href="https://www.worldofdavidwalliams.com/elevenses/">https://www.worldofdavidwalliams.com/elevenses/</a>

Time	Activity	Link
11.30am	Dance lessons with Oti Mabuse	<a href="https://www.youtube.com/user/mosetsanagape/videos">https://www.youtube.com/user/mosetsanagape/videos</a>
12pm	Short science experiment to try at home, from TechniQuest	<a href="https://www.facebook.com/watch/TQcardiff/916230508833955/">https://www.facebook.com/watch/TQcardiff/916230508833955/</a>
12.30pm	Read Write Inc phonics session Set 1	<a href="https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI">https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI</a>
1pm	Read Write Inc phonics session Set 2	<a href="https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI">https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI</a>
1.30pm	Read Write Inc phonics session Set 3	<a href="https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI">https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI</a>
2pm		
3pm		
4pm	Kids Cooking Lessons	<a href="https://www.theocooks.com/kids-cookalong-live/">https://www.theocooks.com/kids-cookalong-live/</a>
	History lessons with Dan Snow	<a href="https://www.youtube.com/channel/UC88lvvJe7aHZmcvzvubDFRg/videos">https://www.youtube.com/channel/UC88lvvJe7aHZmcvzvubDFRg/videos</a>
5pm		
6pm	Daily Doodles with Mo Williams (US broadcast)	<a href="https://www.kennedy-center.org/mowillems">https://www.kennedy-center.org/mowillems</a>

# Saturday

Time	SLD	Primary	Secondary	Activity	Link
9am					
10am					
11.30am				Dance lessons with Oti Mabuse	<a href="https://www.youtube.com/user/mosetsanagape/videos">https://www.youtube.com/user/mosetsanagape/videos</a>
12pm					
1pm					
2pm				Fun Music sessions for people of all ages with PMLD or SLD	<a href="https://www.facebook.com/SoundaboutUK/">https://www.facebook.com/SoundaboutUK/</a>
3pm					
4pm					
5pm					
6pm					

# Sunday

Time	STPS	Primary	Secondary	Activity	Link
9am					
10am					
11.30am				Dance lessons with Oti Mabuse	<a href="https://www.youtube.com/user/mosetsanagape/videos">https://www.youtube.com/user/mosetsanagape/videos</a>
12pm					